

Voice of Faith

September
2011

**ANIMATION! MUSIC!
PICTURES!
CHANGED LIVES!**

WHAT?

Come and See!

**Sunday, September 18th 9:00 a.m.
during Worship**



Youth in 7th through 8th Grades Are *Especially* Invited!

*Youth, see how your faith can be active and helpful—
here in town and across the country!*



**Rally Day for Sunday School
is Sunday, September 11th at 10:00 a.m.**



"Wild about God"

Teachers: We need help at every level except kindergarten. Classes are co-taught, which means *only* 15 Sundays out of 30 during the school year and only 40 minutes of classroom instruction (*rest of hour is with music teachers*). Call Dan at 932-4829.

Registrations: Fill out a form for each child in your household. Forms are in the narthex and on **page 8** in this newsletter.

Needs: We are looking for helpers for Rally Day. Contact Dan or Tina if you can help at 932-4829 or zesfrog@gmail.com.



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Faith Lutheran Church

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Pastor

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• **SUNDAY SCHOOL TEACHER ORIENTATION:**

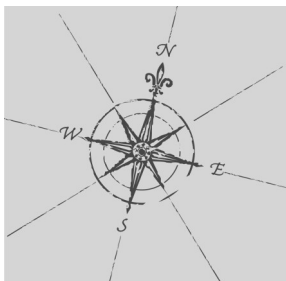
Wednesday, September 7th 7:00-8:00 p.m.
Fellowship Hall

• **CONFIRMATION ORIENTATION:**

Wednesday, September 7th at 7:30 p.m. (Sanctuary)
For all students entering 7th & 8th grade and at least one parent.

We will discuss requirements, schedule, etc.

Also discussed: moving Confirmation Sunday to October 28, 2012, and a requested time change for class.





Your land. Your legacy.

Sign up today!

You work hard to build a business. Take steps now to help ensure your farm stays in the family.

Join us for this free 60-minute educational workshop:

Keeping the Farm in the Family

The workshop provides a general overview of how you can take steps to:

- Identify and overcome transition obstacles.
- Protect your assets today and in the future.
- Develop a transition plan and maintain family harmony.

Cost: Free!

Offered by: West Winona County Chapter of Thrivent Financial

When: Thursday, September 15, 2011, 6:30 p.m.

Where: Recreation Café, 20 E. Main Street, Lewiston
Meal Provided

Register: Register by September 2, 2011, by calling Dennis Wohlferd at 507-932-4137

THRIVENT CHOICE DOLLARS

If you are a Thrivent member and have not donated "Choice Dollars", please call 1-800-847-4836 and say "Thrivent Choice" and follow the prompt.



Marriage Rocks!

Whether your marriage is rocky or rock solid, you will be glad you attended a Lutheran Marriage Encounter Weekend. Engaging presentations by both lay and clergy leaders give you tools and information while exercises and conversations with your spouse in the privacy of your hotel room deepen your understanding, communication and compassion.

The Fall Lutheran Marriage Encounter Weekends in Minnesota are October 14-16 in Duluth and November 18-20 in Brooklyn Center. Please register several weeks in advance. For more information, contact Dick & Judy Dehnel at 952-432-3105, Pete & Phyllis McMahan at 763-561-1575 or visit www.godlovesmarriage.org.

Commonweal Theatre
(Lanesboro, MN)
presents.....



The show runs from Aug. 26th-Nov. 13th and is about the warmth of childhood and the bitter loss of innocence surrounding one woman's recollections of growing up in the South during the Depression and the summer her father risked everything to defend a black man falsely accused of a horrible crime. Group rates available. For more information check out the website at www.commonwealtheatre.org or call Irene at (507) 467-2905 x206.



A wonderful alternative to writing checks.

The money is automatically withdrawn from your checking account and the information is then emailed to the church office to be entered.

Contact Laurie in the church office (932-3344) for more info.

FINANCIAL UPDATE!

July 2011

Income Year to Date

Budget	\$ 131,067
Actual	\$ <u>123,743</u>
Difference (\$	7,324)

Expenses Year to Date

Budget	\$ 131,067
Actual	\$ <u>115,938</u>
Difference \$	15,129

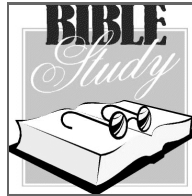
WELCA NEWS

WELCA MEETING

September 7th at 1:30 p.m.



We will start planning for our Holiday Bazaar and have a Bible Study.



Thank you to everyone who worked, donated food or money and came to the Ice Cream Social. We even had a few men!

It couldn't be done without all of your help.

If you have left any dishes in the kitchen, please pick them up as soon as possible.



Fair Trade Market

Our Savior's Lutheran Church invites you to our fifth annual Fair Trade Market. This year's market will feature several new vendors with products offered for the first time at our market.

Saturday, October 1st and Sunday, October 2nd
9:00 a.m. — 2:00 p.m.

Fair Trade food tasting available during the Market (free will offering donated to Kids Against Hunger)

Our Savior's Lutheran Church
2124 Viola Road NE
Rochester, MN 55906

The 2011 Fair Trade Market will feature high quality hand-made crafts from around the globe. New vendors this year include Partners for Just Trade, Women of Hope, Global Mamas and the Women's Bean Project. Returning favorites from the past include; Ten Thousand Villages, Many Hands Many Lands, Tanzanian Baskets, Equal Exchange Coffees and Divine Chocolates. This is an excellent time to complete some of your holiday shopping with unique one-of-a-kind gifts.

No pricing markups are made, all proceeds return to those producing the products and their representative organizations. Every purchase of Fair Trade products provides income, dignity and hope to artisans and their families. Nutrition, literacy education, health care, and the building of safe water wells become possible when families are able to sustain themselves and improve their communities.

Please join the congregation at Our Savior's in enjoying the market and in enriching the lives of others around the world.



Evangelism Committee

is in charge of

Coffee Fellowship for the

Coffee Fellowship month of September.

Altar Guild for the month of September



is



Jayne Ask.

LECTORS

September

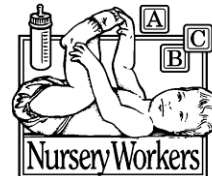
- 4 Amy Dessner
- 11 Nathan Lien
- 18 Cathleen Dandrea
- 25 Lyle Peterson



NURSERY

September

- 4 Need a Volunteer
- 11 Lori Deutschman
- 18 Kimberly Spors
- 25 Melanie Zickrick



Volunteers are needed for

USHERS

for Sundays in September.



COUNTERS

September

- 4 George & Janice Gilbert
- 11 Aaron & Tisha Hooks
- 18 Tom & Shelly Stowell
- 25 Dan & Kris Slavin





- September 4 Need a Volunteer
- September 11 Keaton Gerry
- September 18 Caleb Forbes
- September 25 Tanner Simon



-
- September 4 Need a Volunteer
 - September 18 Allison Swiggum

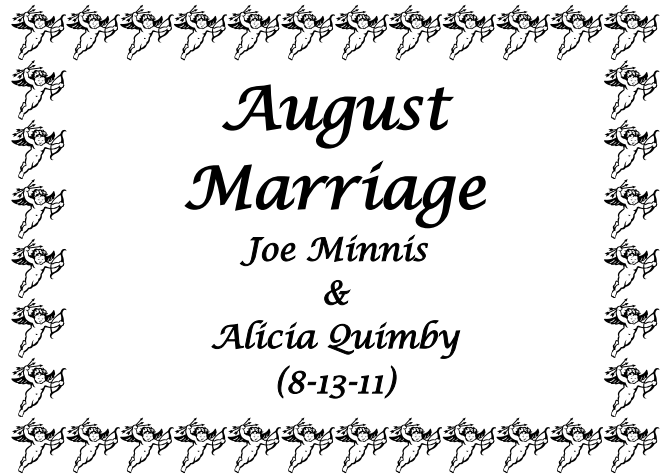


Baptisms

August

- August 14 Brynn Elizabeth Floerke

Daughter of Katie and Robbie Floerke



August Marriage

Joe Minnis
&
Alicia Quimby
(8-13-11)



We are assembling **Lutheran World Relief School Kits** and desperately need:

- Spiral wide-lined 70 count notebooks
- #2 New Pencils
- 2 1/2" Erasers
- Blunt Scissors
- 12" Rulers
- Pencil Sharpeners

If you want to give a cash donation, we will shop for you. Your donation can be put in the basket on the shelf over the coat rack in the narthex.



Thanks for your help!

How to be a Communion Assistant:

❶ Tell Pastor you are here when you arrive. Please arrive by 8:50. You don't have to dress formally, but do wear something more dignified than ratty jeans and a t-shirt.

❷ When offering is brought forward, you will come forward and stand over where Pastor usually sits, near the organ.

❸ When Pastor motions you over, you will stand next to him in the center aisle with the cup of wine. Pastor will give people the wafer/piece of bread. He will also bless children who do not take communion yet.

❹ People will take their wafer/piece of bread to your cup of wine. You will say to them: "The blood of Christ, shed for you." Be sure to hold your cup of wine low enough for each person, so that person can see the wine and dip the wafer/piece of bread.



❺ When Pastor sees one side of the church is finished taking communion, he will switch you to the other side alongside him.

❻ When everybody else has taken communion, Pastor Steve will give you communion. Then you will give Pastor Steve a wafer with the words, "the body of Christ, given for you" and offer the cup with the words, "the blood of Christ, shed for you."

❼ Return to your seat.



The Aster, the September birth flower, represents love, faith, wisdom and symbolizes valor. The hidden message of the Birth Flower, the Aster, so favored during the Victorian era was "Take care of yourself for me". The Aster is also called starworts and the September Flower. The name "Aster" is derived from the Greek word for "star" and refers to the shape of the flower head.

Happy Birthday!

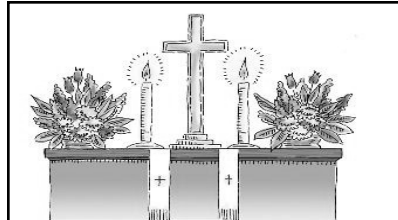
Hugh Vermilya	09/02
Adelyn Hooks	09/03
Collette Anderson	09/04
Troy Jurgenson	09/04
Kim Meshefski	09/04
Todd Kessler	09/05
Jim Decker	09/07
Barbie Mundt	09/07
Art Raak	09/07
Sarah Hursh	09/08
Kelly Timmerman	09/09
Nathan Lien	09/10
Andrew Dayland	09/11
Quinn Wangberg	09/11
Deb Moore	09/13
Abby Forbes	09/14
Allan Boice	09/15
Philip Dayland	09/15
Russell Graves	09/15
Tricia Heim	09/15
Cassandra Hulshizer	09/15
Michael Rislow	09/15
Alexis Krause	09/16
Bill Davis	09/17
Laura Minnis	09/17
Curtis Vreeman	09/17
Collin Ickler	09/18
Marlys Vogen	09/18
Leann Yates	09/19
Bill Buhr	09/21
Katie Dunlay	09/21
Nicole McCready	09/21
Myrna Otte	09/21
Teia Hulshizer	09/22
Steve Colvin	09/23
Tanner Anderson	09/24
Tanya Dayland	09/24
Karlie Gilbeck	09/24
Brent Kraut	09/25
Ryan McCormick	09/25
Ben Raak	09/25
Kevin Schleusner	09/25
Tami Krause	09/26
Owen Maloney	09/26
Randy Stevens	09/26
Tom Stowell	09/26
Shelly Stowell	09/26
Hayley Burkholder	09/28
Maynard Johnson	09/28
Jerri Allen	09/29
Kai Davis	09/29
Brad Harne	09/29
Nickolas Dayland	09/30

Marry in September's shrine, your living will be rich and fine.

(September is the second most popular month for marriages, just behind June)



Lloyd & Dorothy Peterson	09/06
Jeremy & Kara Delger	09/07
Eric & Amy Dessner	09/14
Craig & Renae Hartman	09/20
Tim & Kim Mollert	09/20
Erik & Kristi Hammel	09/21
Curtis & Marlys Vogen	09/21
Trevor & Amy Schwieder	09/24
Aaron & Carrie Kornegor	09/26
Mark & Alissa Maloney	09/27



Flower Donations

Do you have a special occasion you'd like to celebrate with your Faith family—like a birthday, anniversary, or in honor/memory of a special occasion or individual? Or perhaps you would like to enhance the altar with **fresh flowers**.

There's a **sign up sheet** on the bulletin board outside of Laurie's & Kris' office.

Here's the drill: you can provide flowers from your own garden or order them from any flower shop for delivery directly to the church. Vases are available at the church or you can use your own.

Seasons Hospice Fall Volunteer Training Scheduled October 17, 19 and 21 (All Three Days) 8:30 a.m. to 3:30 p.m.

Hospice volunteers provide a special kind of caring for those experiencing end-of-life transitions. Topics include hospice philosophy, disease conditions, comfort measures, spirituality, visiting skills, bereavement, and other related topics. Training is free and includes lunch and materials. Visit www.seasonshospice.org for volunteer program information.

Details and registration: Director of Volunteer Services, 285-1930, Ext. 201 or jelkins@seasonshospice.org.

Space is limited. Inquiries requested by October 7.

Seasons Hospice Support Groups & Programs

Coffee Get-Together in Chatfield

A drop-in time to share with others who are experiencing grief.
First Thursday of every month
September 1st 9:00-10:00 a.m.
Chosen Valley Assisted Living

Coffee Get-Togethers in Rochester

A drop-in time to share with others who are experiencing grief.

Every Wednesday in September*
9:00-10:00 a.m.
Seasons Hospice House

Third Thursday of every month
September 15th 6:30-7:30 p.m.
Seasons Hospice Office

Newly Bereaved Program

For anyone who has experienced the loss of a loved one within the past three months. Join others to share stories, explore grief journeys, discuss self-care activities & learn about available resources.

First/Third Monday of every month*
September 19th 6:30-8:30 p.m.

DUE TO LABOR DAY
Seasons Hospice Office

Second/Fourth Monday of every month*
September 12 & 26 12:00-2:00 p.m.
Seasons Hospice Office

Adult Grief Group**

An eight-week group meeting for those who wish to explore issues related to grief and loss.

Tuesdays, September 13th - November 1st
6:30-8:30 p.m.
Season Hospice Office

UPCOMING PROGRAMS

Build a Birdhouse, Re-build Your Life**

Thursdays, October 6 & 13 6:30-8:30 p.m.
Seasons Hospice Office
OR
Tuesdays, October 11 & 18 9:00-11:00 a.m.
Seasons Hospice Office

Managing Holidays**

A two week group meeting for those who wish to explore the difficulties associated with mourning during the holidays and steps to take to manage those experiences.
Thursdays, November 10 & 17
6:30-8:30 p.m.
Seasons Hospice Office

*Change in time or date. **Registration required two (2) days prior to the date of the event.

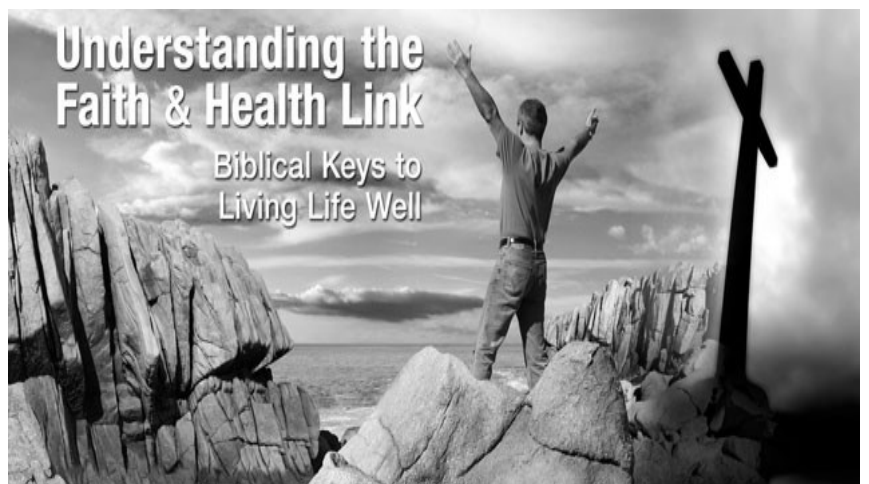
285-1930 or shbp@seasonshospice.org

Free will donations accepted.

Faithful Daily Living

By Carole Jacobson, Parish Nurse

Dear Faith Lutheran Family & Friends,
Greetings in the Name of the Healing Christ. We do indeed have a God who provides for all of our needs, beyond our knowledge or desires. This month, I want to visit with you about the relationship between **Faith and Health**.



How are Faith and Health related?

Petrus Simons, a previous president of Lutheran for Life of New Zealand, shares these thoughts on faith and health. He shared, “Christianity is a religion in which *the body plays a key role*. In Jesus, the Word became flesh, and not a book, as in Islam. God’s *salvation in Christ* involves our whole existence, *our whole body and soul*. Life is therefore a gift from God. As Christians we are called to affirm this gift and so witness to the love and goodness of our Lord.”

A study of 4,000 older adults discovered that those who attended weekly religious services and those who prayed or did devotions daily were 40% less likely to suffer from high blood pressure (Hope Health Letter, 1998). In another study, older adults who attended weekly religious services had lower death rates than those who did not attend such services especially for those who felt they had good social support (Oman & Reed, 1998). The Author of all life is our own dear Father! What a privilege we have to care for the life He has so lovingly blessed us with.

What Can I do to Enhance both my Faith and Health?

Here are some basic ways we can care for this awesome gift:

Include **prayer & devotions** into your life every day

Do all things out of gratitude to our great God & Father

Exercise, play every day

Smile, laugh every day (especially at ourselves)

Eat a diet rich in **whole grains, fruits and vegetables**

Drink **6-8 glasses of water** every day

Share time, thoughts and feelings with others

Reserve sexuality for marriage

See your **doctor and dentist every year**

Always wear your seat belt

Learn CPR

Don't smoke or use tobacco products

May we be comforted by this promise, “...You will keep in perfect peace Him whose mind is steadfast, because He trusts in you.” (Is. 6:3)

Train your children in the way they should go.

— Proverbs 22:6

Dear Friends in Christ:

In a healthy investment portfolio, it's best to have a range of assets to weather the ups and downs. Kids are like that too. Diversified assets like family, park-and-rec, neighborhood friends, reading, schools, and churches will all give your kids a better chance at productive, moral, and healthy lives.

I want to speak to you frankly about the church portion of your **child's assets** for well-being; church seems to be an afterthought for many parents.

What your child needs from you is to be a **role-model for church life**. Your child goes to Sunday School, but she or he needs to know your faith is not just a **drop-off** in the parking lot.

We require confirmation parents to attend worship with their confirmation students. The idea is that parents can demonstrate what Jesus and his Church mean to them by being there.

Parents of elementary age children should be doing this already.

Even before children go to Sunday School, they are imprinted with pre-verbal impressions that last a lifetime. The sounds, sights, and feel of worship are the profound basis of the Lord's instruction of your little one even before they can describe what they are experiencing.

Worship can be entertaining. **But don't make that the main point of your worship life.** TV can entertain you much better. You and I soak in entertainment and like Pavlov's dogs in the experiment, we drool, crave and whine for more.

Rather, I hope you are at worship to grow in the Lord Jesus. (Sometimes that growth is entertaining. I know the children and I have great fun during children's sermon. And I am my own worst critic, where relevance and appeal in my presentation are concerned.) Many times, though, Christian growth is work.

What's more, I hope your purpose for worship is not to fulfill your individual need, whatever you conceive that to be. No, you are setting an example. You are letting your light shine when you worship. You are the company of God's people on earth, joining with the whole company of heaven - for the sake of the world.

It is all bigger than you, **infinitely bigger**. You do yourself a big favor - though you don't necessarily know it at the time - when the last question in your mind at worship is: "what's in it for me?" Let your ego's insistent selfishness take a rest for one hour and dissolve your soul into the concerns of God's kingdom, not your own priorities. After all, the Lord God gave us this day of rest to worship his name *and* to give his creatures a rest.

Your child needs to see this modeled. Yes, they may roll their eyes about going. But they didn't necessarily learn that only from their peers.

Children are restless and they bore easily. They are full proof that we are inborn with relentless self-centeredness. Theologians call this original sin.

But Jesus said, **"Let the little children come to me, and do not prevent them, because the Kingdom belongs to people who are like little children."**

Did you catch that? **There's never a better time to imprint faith in Jesus.** Children are role models to us for a humble, receptive faith. But you need to be the **guiding** role model to them. They are the receptive sponge - your job is to bring them to the living water of Jesus.

Some say we entered a post-Christian era a few generations ago. Help your children be part of a faithful remnant.

— Pastor Steve McGinley



Faith Lutheran Church Sunday School Registration

Please complete one form per child

(additional forms available in the narthex)

Name: _____

Birth date: _____ Age: (as at Sept. 2011) _____

Baptism date: (if applicable) _____ Grade: _____

Mother's name: _____

Address: _____

Postal/Zip Code: _____

Phone: _____

Father's name: _____

Address (if different): _____

Postal/Zip Code: _____

Phone: _____

Family email address: _____

Child's special interests and activities: _____

Any allergies? _____

Siblings attending Sunday School?

Names/Ages: _____

Emergency contact during Sunday School hour:

I will probably be in the church building

Other _____

If Sunday School is in need of help in the following area(s), give me a call:

Driving An extra pair of hands if someone is away

Telephoning Prayer support

Donate supplies Other _____

Shop for supplies Sorry; I am unable to help at this time






Food for special occasions

Free will donation accepted of \$15 per child with a maximum of \$45 per family.



September 2011

October 2011						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 5-6:00 a.m. SC Area Fit Club 10:00 Bible Study	2 Pastor's Day Off	3
4 9:00 a.m. Worship/ Communion	5 LABOR DAY	6  1st day of school 6-7:00 p.m. SC Area Fit Club	7 9:30 a.m. Quilting 1:30 p.m. WELCA Meeting 7:00 p.m. Worship/ Communion 7:00 p.m. Sunday School Teacher Orientation 7:30 p.m. Confirmation Orientation for 7th & 8th graders + at least 1 parent	8 5-6:00 a.m. SC Area Fit Club 10:00 Bible Study	9 6:30 p.m. Wedding Rehearsal	10  2:00 p.m. Travis Reps & Alyssa Huebner Wedding
11  9:00 a.m. Worship 10:00 a.m.  for Sunday School	12 Pastor's Day Off	13 6-7:00 p.m. SC Area Fit Club	14 9:30 a.m. Quilting 7:00 p.m. Worship/ Communion 7:30 p.m. Confirmation	15 5-6:00 a.m. SC Area Fit Club 10:00 Bible Study	16	17
18 9:00 a.m. Worship/ Communion Burmeister Baptism	19 Pastor's Day Off NEWSLETTER DEADLINE	20 6-7:00 p.m. SC Area Fit Club	21 9:30 a.m. Quilting 7:00 p.m. Worship/ Communion 7:30 p.m. Council Meeting	22 5-6:00 a.m. SC Area Fit Club 10:00 Bible Study	23 6:00 p.m. Wedding Rehearsal	24  3:00 p.m. Michael Bloom & Jill Welliver Wedding
25 9:00 a.m. Worship	26 Pastor's Day Off	27 6-7:00 p.m. SC Area Fit Club	28 9:30 a.m. Quilting 7:00 p.m. Worship/ Communion 7:30 p.m. Confirmation	29 5-6:00 a.m. SC Area Fit Club 10:00 Bible Study	30	



Sunday,
September 11th
10:00 a.m.



for Sunday School
"Wild about God"



Mailing Address
Street Number and Name
City, State 98765-4321

CHANGE SERVICE REQUESTED

Non-Profit Organization
US postage Paid
St. Charles MN 55972
Permit No. 31

Faith Lutheran Church
Member ELCA
648 East Fifth Street
St. Charles MN 55972